

Year 8 Assessment Criteria

- Skill Application in Mini/Full Games
- Decision Making and Self-Evaluation
- Awareness of Health, Fitness and Safety
- Basic Skills

Year 8 Games: Rugby, Football, Hockey, Netball, Cricket, Rounders, Badminton.

Year 8 Games	
	<ul style="list-style-type: none">• I can consistently demonstrate most advanced skills and techniques in a variety of practices.• I can effectively use most advanced skills and techniques in a game situations with control and accuracy relevant to my position.• I can recognise and explain most of my opponent's strengths / weaknesses, using tactics and strategies to successfully outwit them.• I have a high level of fitness required for my game and I can lead a warm up for others, explaining the benefits.
	<ul style="list-style-type: none">• I can demonstrate most of the advanced skills and techniques in a variety of practises.• I can use most advanced skills and techniques in a game situations with control and accuracy relevant to my position.• I have an understanding of most of my opponent's strengths / weaknesses. I have an understanding of most of the tactics and strategies that impact on performance.• I have a good level of fitness required for my game and I can lead a warm up and identify the benefits.
	<ul style="list-style-type: none">• I can demonstrate most skills and techniques in a variety of practises.• I can use most skills and techniques in a game situation with control and accuracy relevant to my position.• I have an understanding of most of my strengths / weaknesses. I can use these strengths in tactical set plays.• I have a good level of fitness required for my game and I can lead a small group in a warm up..
	<ul style="list-style-type: none">• I can demonstrate skills and techniques most of the time in a variety of practises.• I can use most basic skills and techniques in a game situation relevant to my position.• I can identify one strength or one weakness in my performance.• I have a basic level of fitness required for my game and I can warm up effectively.
	<ul style="list-style-type: none">• I can identify and name most skills and techniques.• I can demonstrate most of the basic skills required in a game situation• I can recognise my main strength and weakness.• I have a basic level of fitness required for my game and can warm up independently.

Year 8 PE: Athletics

Year 8 Athletics	
	<ul style="list-style-type: none"> • I can consistently demonstrate most advanced skills and techniques in a variety of events. • I can effectively use most advanced skills and techniques in competitive situations with precision, relevant to my event. • I can evaluate my own and others performance and give feedback for improvement for most events. • I have a high level of fitness required for my events and I can lead a warm up for others, explaining the benefits.
	<ul style="list-style-type: none"> • I can demonstrate most advanced skills and techniques in a variety of events. • I can effectively use most advanced skills and techniques in competitive situations, relevant to my event. • I have an understanding of my own and others performance and give feedback for improvement for most events. • I have a good level of fitness required for my events and I can lead a warm up for others, explaining the benefits.
	<ul style="list-style-type: none"> • I can demonstrate most skills and techniques in a variety of events. • I can effectively use most skills and techniques in competitive situations, relevant to my event. • I have an understanding of my own performance and use feedback to improve in most events. • I have a good level of fitness required for my events and I can lead a small warm up for others.
	<ul style="list-style-type: none"> • I can demonstrate a range of skills and techniques in my two strongest event. • I can effectively use my two main skill and technique in competitive situations, relevant to my event. • I have an understanding of my one main strength or one weakness for my event. • I have a basic level of fitness required for my events and I can lead a small warm up for others.
	<ul style="list-style-type: none"> • I can identify and name most skills and techniques in one event. • I can demonstrate most of the basic skills required in my main event. • I can recognise my main strength and weakness. • I have a basic level of fitness required for my game and can warm up independently.

Year 8 Gymnastics	
	<ul style="list-style-type: none"> • I can consistently apply most high quality skills and techniques on both floor and apparatus with fluency and control. • I can effectively choreograph sequences including most advanced skills with imagination originality and flair. • I can observe, evaluate and provide feedback on the quality of performance using appropriate terminology. • I have a high level of fitness required for my gymnastics and I can lead a warm up for others, explaining the benefits.
	<ul style="list-style-type: none"> • I can apply most complex skills and techniques on both floor and apparatus with fluency and control. • I can effectively choreograph sequences including most of the complex skills with imagination and flair. • I can observe and provide feedback on the quality of performance. • I have a good level of fitness required for gymnastics and I can lead a small group in a warm up.
	<ul style="list-style-type: none"> • I can apply most core skills and techniques on both floor and apparatus with fluency and control.

	<ul style="list-style-type: none">• I can effectively choreograph sequences including most of the core skills with imagination and flair.• I can recognise strengths in a gymnastic performance.• I have a basic level of fitness required for gymnastics and I can lead a small group in a warm up.
	<ul style="list-style-type: none">• I can apply most core skills and techniques on the floor and basic apparatus with accurate repetition of movements.• I can plan and perform a sequence of gymnastic movements with guidance.• I can make simple judgements on my own and others work.• I have a basic level of fitness required for gymnastics and I can warm up effectively.
	<ul style="list-style-type: none">• I can apply most simple skills and techniques on the floor.• I can perform a simple sequence of gymnastic movements with some guidance and task cards.• I can make simple judgements on my own and others work with guidance.• I have a basic level of fitness required for my gymnastics and can warm up with guidance.